

International Women's Day – March 8

Here at North West Sydney Tennis we are lucky to have so many wonderful women around the club that help on all fronts and that get involved in tennis.

Former Australian Tennis player Casey Dellacuqa has been driving women to become more involved in tennis:

A new initiative launched by Tennis Australia is aiming to encourage more women to get involved in the administration of the sport.

Facilitated by key figures such as former pro Casey Dellacqua, the Women Leaders in Tennis program was launched in 2022 and has already seen participants graduate in every state or territory – more than 200 Australia-wide.

Dellacqua, now working as the Women and Girls Lead at Tennis NSW while juggling television commentary in her playing retirement, is helping to lead the program after being part of the gender equality task force at Tennis Australia a couple of years ago.

Click HERE to read the rest of the article

Infrastructure Raffle

Looking for people to sell some tickets to their family, friends, neighbours. Some great prizes to be had... \$3000 worth overall and lots of prizes.

Funds will go towards installing water coolers & court furniture on courts for players and the community

See the Pro Shop for some books or contact Mary on mary@fobal.com.au

Gala Day

The Family Fun Day was well attended, and a good time had by all.

We were very fortunate to be joined by The Hon. Alister Henskens, Liberal Member for Ku-ring-gai too. Included in Alister's portfolio is Minister for Sport, he was delighted to see the level of interest and support by the community in the Family Day, awarding the first of the Lucky Door prizes.

And to Julian Lesser MP for Berowra who also attended with his family to enjoy some of the activities, and to officially open our new Rebo Hitting Wall and to draw additional gala day lucky draw winners. The HSC Mayor, The Honourable Philip Ruddock, was also in attendance



to help celebrate. We value all the support from our local community members.





A big thank you to all the people who attended and participated in the tennis coaching, the serve speed readings.... we hope you all had lots of fun!

Thanks to all the stall holders who created a great atmosphere too with loads of tempting buys be it teas, cookies, oils, towels, candles, patchwork, CWA jams or tennis clothes..... well done to the staff preparing for the day too.... and of course, loads of appreciation to the committee members and volunteers who planned the day, set it up and packed it down, to those who made scones, cooked sausages on the bbq, sold raffle tickets, distributed leaflets (before and after the event), sold drinks etc. – great team effort. Remember, if you'd like to ever become involved in such events, and be a part of the team, get in touch with Mary Baker, or contact the pro-shop – we're always looking for volunteers.

Thanks to Adam Feeney, Voyager and his team for partnering with us again for the Family Fun Day, helping it to be the success it was.





North West Sydney Tennis Raffle *Funds will go to installing water coolers & court furniture on courts for players and the community

- 1. Round of Golf for 4 people plus cart valued at \$400
- 2. Paul Toohey Coaching Babolat Tennis racquet with balls value at \$300
- 3. Tennis Direct \$200 Voucher
- 4. Signed Copy of Ash Barty's Book
- 5. Voyager Coaching 1 hr private lesson
- 6. Voyager Coaching 1 hr private lesson
- 7. Iluka Café at Wentworth Point \$100 Voucher
- 8. Epping Club Rawson's Retreat Restaurant \$100 Voucher
- 9. Epping Club Rawson's Retreat Restaurant \$100 Voucher
- 10. The Verandah Beecroft 5 x \$50 vouchers
- 11. FDM Coaching Bombay Gin and Gin Glasses Gift Box
- 12. Ark Finishing Touches Maxwell Williams Entertaining Gift Box
- 13. Darlington Champagne Glasses
- 14. Darlington Red Wine Glasses
- 15. Silver Bowl Large
- 16. Silver Bowl Small
- 17. Spiegelau Beer Glasses
- 18. Head Wine Gift Pack
- 19. Nuvono Wine Decanter with Marble Base
- 20. Royal Albert China Gift Boxes
- 21. Subscription for 1 Year to country style magazine
- 22. Martelli's Fruit Market at Cherrybrook \$50 Voucher
- 23. Rossi's Fresh Grocer at Carlingford \$50 Voucher
- 24. Sawyers Brasseries at West Pennant Hills Sports Club \$50 Voucher
- 25. Smashing Restrings \$45 Voucher
- 26. Smashing Restrings \$45 Voucher
- 27. Timber Cheese Serving Platter

Welcome to our new Staff!

We are excited to welcome two new staff. Brennan Janes to Customer Service - and Kelley Keyes as Manager!

Kelley brings, besides her tennis playing skills and knowledge, strong management and leadership skills and a breadth of tennis knowledge of the opportunities within the tennis market. Kelley has qualifications in Sport Development from Torrens University, as well as sales and marketing and tennis coaching accreditation (ATPCA -Australian Tennis Professional Coaching Assoc.) Kelley is also one of the initial members of the Sheroes program formed by Tennis NSW in 2019 and has already impacted at our Association through a program called 'Play like a Girl' and 'Balls and Bubbles' in 2022. Kelley will start in her position on the 27th March.

Brennan has played in past junior comps \ and we look forward to having him around.

Brennan is currently studying Sports and Business Management with Sydney FC and enjoys playing, coaching, and reffereing football. Outside of work, his interests include fishing and playing snooker.

From a tennis perspective, Brennan's favorite player to watch is Rafael Nadal.

Please welcome them with NWST smiles when you see them be, supportive and patient as they both build their knowledge of the centre and their roles.

Wednesday Night Comp Visitor



Eddy the Echidna seems to have found his way down to level 1 on a Wednesday night to enjoy finals competition tennis!

Keep the pictures of eddy coming if you see him crawling around

Thanks Mary for the photo!

Social Groups

Looking for some more tennis?

Check out these groups – they would welcome additional players to come for a hit. All based at Midson Road – Epping

Mondays 8.30am - 11.00am - Men's, moderate standard, 40yrs and above, Neil 9805 0749 Wednesdays 10am – 12pm - Ladies, 50yrs + intermediate standard, Val 0408 852 808 Thursdays 9am - 11.30am – Ladies, all welcome - Cheryl 0403 160 976

Upcoming important events

Wednesday Night Mixed Competition

The new comp begins on April 5, Weather permitting.

Grading and Social nights for Wednesday night mixed will take place **March 29** and Monday night ladies on **April 3**. Starting from 7.30pm, Social play cost is \$10.

Could Captains looking for new team members, or players looking to join a team please come along.

Monday night captains please note that New Comp Registration Forms should be provided to the Pro Shop prior to April 3rd with the new comp to begin May 1st

Tennis Seniors Tournament

April 14,15,16th over 30's round robin at Pennant Hills. Options for morning and afternoon slots, singles, mixed and single sex doubles – tennis senior round robin - Entries close 7th April.

Go to NWST website for info. Lots of fun - come and join in!

Centenary Dates

Trivia Night – Saturday 20th May

Gala Night Dinner @ The Epping Club – Saturday 7th October

For more information: etdta100years@gmail.com

Saturday Junior Comp dates:

Term 2: May 6 – June 24

Term 3: July 22 – September 16

Term 4: October 14 – December 9

Upcoming Junior Calendar

Junior Age Championships

The Junior Age Championships tournament is open to all our Saturday Junior comp members. It is an age-based event with age groups from 10 and under, up to under 18 for both boys and girls.

This tournament is an opportunity to play against other NWST Saturday junior and Interdistrict players that you may have never versed on the court. Also, it's a great opportunity for continued development and acts as a pathway to playing in the Sydney Interdistrict Competition for North West Sydney Tennis.

When: Singles Round Robin: Saturday, May 13 from 5.30pm Doubles Round Robin: Saturday, May 20 from 5.30pm Finals: Sunday 21 May from 8am

For more information and to register click HERE

Term 2 Junior Comp

Registrations for Term 2 competition is open! The next junior competition will run over 8 weeks instead of 16 weeks.

Dates: May 6 – June 24 Registration Link: <u>Here</u> Entries Close: April 20, 11:59pm (No Late entries will be accepted)

Upcoming Tournaments

Annual Grade Tournament

The 2023 Annual Grade Tournament will be open to existing and past members to celebrate the Centenary Year and will be held during the September/October school holidays.

Location: Pennant Hills Tennis Park, 25 Britannia Street

Details will be posted on our websites <u>Centenary page</u> when details are confirmed.

If you require more information, please email David Cochrane - etdta100years@gmail.com

Plus Fitness (Thornleigh and Turramurra)

Looking to join a gym? - SAVE \$99 off the joining and receive the first two weeks FREE! From functional training to free weights, Plus Fitness Thornleigh and Turramurra provides access to premium facilities around the clock. Whether you're a shift worker, working from home or at the office, you get to work out on your terms, whenever you want. Our Plus Fitness gyms have been custom designed, with top-of-the-line equipment, to help our members achieve a diverse range of goals. Whether you want to improve your sport, build strength, or trim your waistline, we've got you covered. Our Personal Trainers are a team of highly motivated exercise professionals who will help rejuvenate your training & give you guidance. Starting from just \$16.95 a week, Plus Fitness Thornleigh offers high quality gym facilities, with 24/7 access and a supportive training environment. No lock-in contracts available.

Fleet Street Merchants

With the arrival of Autumn, the taste turns to light red wine and single malts. We have great specials on GSM and Merlots from Grand Barossa, Philip Shaw and Tamburlaine organic wines. And come and ask to taste a new single malt from Westwood from Oregon USA and Michel Couvreur from Burgundy in France. Yes that right... single malts not from Scotland. We have tasters for the scotch lovers to try.

Also we have a \$500 wine fridge to win from the Chateau Tanunda. Drop in for the details

Tastings every Friday night.... And all NWST members a 10% discount on all purchases over \$50.

#shoplocal and visit Fleet St Merchants on the corner of Boronia Ave and Midson Rd Epping.

Tennis Ranch

Remember @ Tennis Ranch as a member you can receive a discount so don't forget to mention you are from NWST. Worth the trip down Victoria Rd to the Gladesville store.



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EINE WINE, SPIRITS & BEED

FLEET STREET

MERCHANTS

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TAG Financial is a major partner with NWST tennis so if you need professional financial independent advice for now or the future, whether for yourself or family, give them a call on 8884 7444 or direct to Gerry Baker Financial

The Verandah

Looking for some fun with friends and family..? check out The Verandah's bowling offer.

Social Bowls



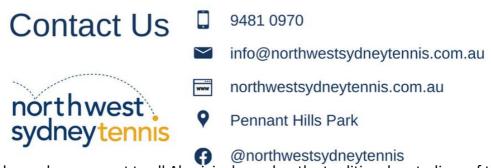
90 minute sessions | \$20 per adult | \$10 per child

RINK HIRE PLUS ALL THE EQUIPMENT!

New Fitness Programs up and Running!

Purchase a voucher pack for a class of your choice. Attend once, twice, or even 4 times a week! For more details visit our <u>website</u>.





@northwestsydneytennis We acknowledge and pay respect to all Aboriginal peoples, the traditional custodians of this land.